



— FOOTBALL DEVELOPMENT —
USA SUMMER CAMPS

SUMMER 2020 CAMP HANDBOOK

Everything you need to know to start camp!

WELCOME CAMP FAMILIES!

ARSENAL SUMMER CAMPS

July – August, 2020



Headquarters Office: **(610) 581-7600**
Camp Email: info@arsenalsoccercampsusa.com
Camp Website: arsenalsoccercampsusa.com

All of us on the Arsenal Football Development Coaching Staff are very excited about this summer! Each day promises to be full of new experiences, good friends and great soccer. To ensure that you get the most out of your Arsenal Football Development experience, we have put together this Camp Handbook.

Please be sure to read this handbook, as it outlines important information about camp. You can also access this document and more details by visiting our website at: **arsenalsoccercampsusa.com**.

Once again, we would like to extend a warm welcome to you this summer. Please let us know if there is anything we can do to maximize your player's experience at: **info@arsenalsoccercampsusa.com**.

Rick Jacobs
General Manager – Arsenal Football Development
USA Summer Camps

FIRST DAY REMINDERS

- **Print your Pick-Up Card** and place on your dashboard
- Parents/guardians are to remain in their vehicle at all times
- Everyone in the car must wear a face covering during drop-off & pick-up
- Review "Items Needed for Camp" section of this handbook

DIVISIONS

Four divisions offer campers the ability to continue developing their soccer skills and take their game to the next level.

Divisions include:



HIGHBURY
Ages 6 & 7



WENGER
Ages 8 & 9



CHAPMAN
Ages 10 & 11



INVINCIBLE
Ages 12 & 14



(610) 581-7600

www.arsenalsoccercampsusa.com

CAMP HOURS

9:00 AM to 4:00 PM

No extended day services will be offered for the 2020 camp season.



DROP-OFF & PICK-UP

Our Drop-Off & Pick-Up process is designed to be safe, easy and convenient. Our Coaching Staff will be there when you pull up and will open the car door. Because safety is our ultimate priority, we ask that everyone in the car wears a face covering during drop-off and pick-up.

Players temperatures will be checked prior to exiting vehicle and must be less than 100.4 F to participate in camp. Parents/guardians should remain in their vehicles at all times and players will sanitize their hands upon exiting and entering the vehicle.

All parents will receive an email containing a customized Pick-Up Card and a map of the camp location. Please print the Pick-Up Card and display on your dashboard each day during Drop-Off and Pick-Up.

JUST A FEW REMINDERS

- Please print your Pick-up Card and display on your dashboard.
- Please inform us if you are carpooling with other camp families.
- Please refrain from using cell phones in car line.
- Please ensure everyone in the vehicle is wearing a face covering.
- For early Pick-Up, please call prior to 3pm to arrange a time.
- For late Drop-Off, please call 610-581-7600 to inform our staff your arrival. Please remain in your car.

ITEMS NEEDED FOR CAMP



soccer cleats
(molded or rubber cleats only)



sneakers
(for indoor use if needed)



sunscreen



shin guards



water bottles/jug
(Enough to last the full day)



backpack or duffel bag
(optional)



Arsenal Soccer Schools Uniform
(to be washed and worn each day)



lunch & drinks
(Please bring lunch in "Playmate" type container or thermo lunch bag with ice pack. Lunches are not refrigerated and must have the player's full name written on them. Extra beverages / water recommended.)



face covering
(to be worn during drop-off and pick-up)

WHAT NOT TO BRING TO CAMP



camera



chewing gum



electronic games



LOCATIONS & DATES

DATES	CITY	CAMP SITES	STREET ADDRESS
PENNSYLVANIA			
July 20 - July 23	Wayne	Valley Forge Academy & College	1001 Eagle Road
August 10 - August 13	Blue Bell	Centre Square Park - Whippain Recreation	1527 Yost Road
August 17 - August 20	Wayne	Valley Forge Academy & College	1001 Eagle Road
August 17 - August 20	Exton	Church Farm School	1001 E Lincoln Highway
NEW JERSEY			
July 27 - July 30	Moorestown	Moorestown High School	350 Bridgeboro Road
August 17 - August 20	Pitman	Total Turf Experience	614 Lambs Road
August 17 - August 20	Tinton Falls	Capelli Sport Complex	1659 Wayside Road
DELAWARE			
August 3 - August 6	Wilmington	Tower Hill School	2813 W. 17th Street
CONNECTICUT			
August 3 - August 6	Greenwich	Greenwich Country Day School	401 Old Church Rd.
NEW YORK			
August 3 - August 6	Bronx	Mount St. Michael Academy	4300 Murdock Ave

VISITING CAMP



Sites will be closed this summer to all visitors unless approved by the Site Director and/or Camp General Manager. There will be no general visitation allowed by family members or parents/guardians.

CONTACTING ANOTHER CAMP FAMILY

It is our goal to assist camp families in contacting other camp families while respecting and maintaining each family's privacy and confidentiality. Call us and we will help you connect.

CODE OF CONDUCT



ARSENAL FOOTBALL DEVELOPMENT USA SUMMER CAMPS encourages fun, friendship and safety in a positive atmosphere. We have established behavior guidelines that revolve around the "Three R's":

1. Respect for yourself
2. Respect for others
3. Respect for your environment

Add More Weeks & Try Something Different

Give us a call at **(610) 581-7600** to add weeks or to learn more about all of our camp options this summer!

WE'RE HERE TO HELP.

While your camper is at camp, please use the following phone number(s) if you need to reach the camp location:

(610) 633-9074

- Valley Forge Academy, Wayne, PA
- Moorestown High School, Moorestown, NJ
- Tower Hill School, Wilmington, DE
- Centre Square Park (Whitpain Rec), Blue Bell, PA
- Valley Forge Academy, Wayne, PA

(609) 548-5348

- Greenwich Country Day, Greenwich, CT
- Capelli Sports Complex, Tinton Falls, NJ

(610) 496-1711

- Mt. St. Michael, Bronx, NY
- Church Farm, Exton, PA

(609) 548-5335

- Total Turf, Pitman, NJ

HEALTH GUIDELINES



MANDATORY HEALTH FORM REQUIREMENTS

Safety is our #1 priority, and all campers are required to have an updated physician's or health care provider's signature before the 2020 camp season begins (valid prior to May 2019). Updated immunization records will be required for all campers



MEDICATION

All campers with **ANY food allergies** are required to have an **injectable epinephrine pen with them while they are with us at camp**. We only permit emergency medications at our camps: Epinephrine injection for food allergies or rescue inhalers for asthma. **Campers must be able to self medicate.**



ILLNESS

To ensure the health and safety of all players and staff members, we have updated our protocols for Summer 2020. Please review our Health & Safety Guidelines, found at arsenalsoccercampsusa.com, prior to the first day of camp.



STAYING HEALTHY WHILE HAVING FUN IN THE SUN

Hydration

It is important that our campers stay hydrated, and we encourage our campers to drink water throughout the day. Our Coaching Staff will offer frequent reminders and give opportunities for water breaks during the camp day. Please provide enough beverages to last the entire day.



Sunscreen Tips

Apply sunscreen in the morning before camp and use a waterproof or water-resistant sunscreen with SPF 30+.

